

**WHEEL OF WISDOM PROGRAM**

**Dr. SALLY M. TORKOS and Prof. BELA F. TORKOS**

**ANNOTTATED RECOMMENDED READING LIST OZORA 2018**

A partial list of material researched for our presentations

Many of these books can also be found on Amazon in e-book form

1. Peter Atkins, *Conjuring the Universe: The Origins of the Laws of Nature,* Oxford: Oxford University Press, 2018.
2. Gregg Braden: *The Divine Matrix: Bridging Time, Space, Miracles, and Belief*, Carlsbad, CA: Hay House, Inc. 2007. Inspiring and informative about how we can participate with the Universal Matrix to have an effect on ourselves and world.
3. Stephen Harrod Buhner: *Plant Intelligence and the Imaginal Realm: Beyond the Doors of Perception into the Dreaming of Earth*, Rochester VT: Bear & Company, 2014. Absolutely magical book about how plants are intelligent beings and have advanced communication systems of their own.
4. Calvin Fray, *Climate Change Reality Check: Basic Facts that Quickly Prove the Global Warming Crusade is Wrong And Dangerous,* Amazon e-book, 2016. Eye opening about how small (.04%) the amount of Co2 is in the atmosphere as a whole, as well as the human caused amount of that (4%). Additionally, useful information about the benefits of more Co2 for plant life.
5. Elana Freeland: *Under an Ionized Sky: From Chemtrails to Space Fence Lockdown,* Forward by Clifford Carnicom, Port Townsend, WA: Feral house, 2018. This is a very important and somewhat scary book about what is happening in the sky daily (jets spraying a mixture of substances designed for military purposes, including climate control and other things) all over the world. It provides evidence for electromagnetic overload and how Nature can help with it.
6. Justin J. Ferguson and Mary Jane Engh: *Too Many: How Population Growth Leads Us Inexorably into the Great Famine, World War, Going Dark, and Extinction,* Amazon e-book, 2015. The authors present a frightening reality as well as some solutions we can begin to implement today.
7. Neville Goddard: *Meditation: The Joyful Art of Persistence*, Amazon e-book; see [www.radicalcounselor.com](http://www.radicalcounselor.com), for more information. Very short book about basic meditation.
8. Walter Isaacson: *Leonardo da Vinci*, NY: Simon & Schuster, 2017. Inspiring story of da Vinci’s life, his driving curiosity, and the powerful inventiveness of his genius in art and many other things.
9. C. G. Jung: *Psychological Types*, Revision by R. F.C. Hull of the Translation by H. G. Baynes; Bollengen Series XX, Princeton: Princeton University Press 1971, 1974, paperback, 1976. Original work on typology and some of his later thoughts. Especially useful as a tool for understanding.
10. Bradford Keeney, Ph.D and Hillary Keeney, Ph.D, Edited with commentary: *Way of the Bushman: As told by the Tribal Elders; Spiritual Teachings and Practices of the Kalahari Ju|’hoansi,* Translated by Beesa Boo,Rochester Vermont: Bear & Company, 2015. Inspirational peek into their understanding of spiritual energy and how dancing can connect us to God.
11. Otakara Klettke: *Hear Your Body Whisper: How to Unlock Your Self-Healing Mechanism*, Amazon e-book, 2016.
12. Lawrence Krauss: *The Greatest Story Ever Told---So Far,* NY: Atria Books, 2017. Story of the Universe and our place in it.
13. Gary Lachman: *The Secret Teachers of the Western World*, NY: Jeremy F. Tarcher/Penguin, 2015. Lengthy and well researched book about the worldview creators and shapers of the West.
14. Paul Levy: *Dispelling Wetiko: Breaking the Curse of Evil*, Forward by Katherine Austin Fitts, Berkeley, CA: North Atlantic Books, 2013. Very important book that is helpful in understanding the multidimensional workings of evil in today’s rapidly changing world.
15. Thomas Merton, *The Way of Chuang Tzu,* Preface by His Holiness The Dalai Lama, NY: New Directions Book, 1969, reissued with preface 2010, original copyright by the Abbey of Gethsemani, 1965.
16. Alan Moran, Editor: *Climate Change: The Facts*, Woodsville, NH: Stockade Books, 2015; First Published by the Institute of Public Affairs, Melbourne, Victoria, 2015. Information packed research by many scientists who go against the conventional climate change scare.
17. Thomas Nagel, *Mind and Cosmos: Why the Materialist Neo-Darwinian Conception of Nature is almost Certainly False,* NY: Oxford University Press: 2012. Brings psyche/spirit back into relationship with the material reality of nature.
18. Nick Nakov (compiled by) *Zen Stories: The Art of Presentness*, Seattle, WA: Emptitude Books, 2008. Short, powerful, ancient stories designed to awaken consciousness.
19. Clinton Ober, Stephen T. Sinatra, M.D. and Martin Zucker: *Earthing: The Most Important Health Discovery Ever!*, Laguna Beach, CA: Basic Health Publications, Inc. 2014. . Gives the Science behind why/how Earthing works and how much humans need to reconnect with the Earth for their physical and mental health, also gives easy ways to do it.
20. Carlo Rovelli, *What is Time, What is Space,* Trans. J.C. van den Berg, Rome: Di Renzo Editore, First published in Italian, 2004, reprinted 2006, 2014, e-book 2017. Overview that helps in understanding the workings of time and space in the universe.
21. Robert Sardello: *The Art of Cultivating Spiritual Imagination: Turning to Earth Presence*, Goldenstone Press, 2017 (Kindle e-book, Amazon). Meditation practices connecting Earth & self.
22. Vacliv Smil, *Energy, A Beginner’s Guide,* London: Oneworld Pub. 2006, revised ebook edition, 2017. Understanding what energy is, implications, and use.
23. Vilhjalmur Stefansson, *My Life with the Eskimo,* NY: Macmillan Co, 1913, ebook edition, 2018.

Fascinating story of Eskimo life and what the influence of modern culture has done to them.

1. Marie Louise von Franz & James Hillman: *Lectures on Jung’s Typology*; Part One: *The Inferior Function* by Marie Louise von Franz, Spring Publications, 2015, (e-book addition), Part Two: *The Feeling Function* by James Hillman, Margot McLean, 2015 (e-book edition) updated understanding of Jung’s typology & how to use it to understand ourselves and each other.
2. Simone Wright: *First Intelligence: Using the Science & Spirit of Intuition*, Novato: CA, New World Library, 2014. Techniques for increasing intuitive abilities.
3. Eiji Yoshikawa: *Musashi: An Epic Novel of the Samurai Era,* Translated by William Scott Wilson, Boston: Shambhala Pub., 2002. See also Miyamoto Musashi (1584-1645) *The Book of Five Rings*, translated by Charles S. Terry, forward by Edwin O. Reischauer, First published in Japan 1971, by Fumiko Yoshikawa, this edition NY: Kodansha USA, Inc., 2012. Fascinating glimpse into the life of a true and dedicated warrior of the body, mind and spirit.